

SCHEDULE

# LIFE'S A BEACH

SATURDAY 1 OCTOBER • 10AM - 2PM  
UMINA BEACH, SOUTH END (BERRIMA CRESENT ENTRANCE) BY THE ROCKS

## BEACH ACTIVITIES

- 10.00am - 2.00pm** **BEACH VOLLEYBALL**  
Net and Balls setup so come have a play on the sand, everybody is welcome to join in.
- 10.00am - 10.45am** **BEACH YOGA**  
45-minute free yoga class for everyone and no previous yoga experience required. A playful, fun class presented by Umina Beach Yoga.
- 10.00am - 10.45am** **PRIDE IN FITNESS BOOTCAMP**  
45-minute class with Local LGBTIQ Group & Personal trainer Thomas Ellis. A free class in functional movement strength training where your body is the main weight.
- 11.45am - 12.05pm** **BEACH STORYTIME**  
Grab the kids & learn how to stay safe at the beach in a fun Storytime with author Louise Lambeth reading her book "Annie & the Waves".

All day presence with Life Savers with Pride & Ocean Beach Surf Lifesaving Club doing fun demonstrations & info on water safety.

## ENTERTAINMENT

- 10.00am - 2.00pm** **DJ SECOND HUSBAND**  
From NYC to the Coast- DJ Second Husband playing timeless house & techno for the sand dancefloor.
- 11.00am - 1.30pm** **BEACH STAGE ENTERTAINMENT**  
Hosted by your host with the most Fox Pflueger.
- 11.00am - 11.20am** **THE AWESOME CENTRAL COAST UKULELE CLUB**  
Playing a live set, bringing the wonders of this humble little 4 string instrument.
- 12.00pm - 12.30pm** **LIVE MUSIC BY CASSY JUDY**  
Proud Transgender Woman & muso live set. Drag show by your local razzle dazzle gal about town, Khandi Kum Loudly.
- 1.00pm - 1.30pm** **DRAG SHOWS**  
Etcetera Etcetera (Syd) - Rupauls Drag race down under, Ruby Slippers (Mel) - Burlesque Baddie & Drag Disrupter & Diva D-Lish - Local dancing queen.

## ROVING PERFORMANCES

### ROUNABOUT CIRCUS

Local Circus bringing all ages, big bubbles & high sea madness.

### GINAVA

Award winning drag artist (Perth) with a mission to bring alternative drag performance to the foreground.